



BOUDOIR AND GLAMOUR WARDROBE GUIDE

1. **VARIETY**- Bring a variety of outfits to the shoot so that we can choose the best pieces for the style we are going for. We will use one outfit per 15 minutes of shooting time, so bring at least four outfits for a standard session.
2. **COLOR**- Don't be afraid to incorporate color into your outfits. Black is a classic choice but incorporating colorful pieces can add energy and personality to your photos.
3. **HEELS**- Consider bringing a pair of high heels to the shoot. They can help with posture and add visual interest to your photos. They are not required, but they can be a great addition to your outfits.
4. **NEW STUFF**- Choose new or barely used clothing for your shoot. It can help you feel fresh and confident, and it will ensure that your photos will be connected to an outfit that looks its best.
5. **BRAS**- Push-up bras can be a great option for boudoir shoots. They can help add visual power to many poses and will make your chest look its best.
6. **OPTIONS**- Bring a variety of bras and panties to the shoot. These items can be paired together or with other outfits to add some color or texture to your photos.
7. **TRANSPORT**- Use hangers and bags to keep your clothing looking pristine. This will help to prevent any unwanted details from finding their way into your photos.



8. **NON INTIMATES**- Lingerie is a classic choice for boudoir shoots, but it's not the only option. Simple clothing items such as button-down shirts or crop tops can be just as powerful in creating a sensual look.
9. **DO TRY ON**- Try on your outfits before the shoot to make sure they fit properly. The right-fitting outfit will highlight your curves and make you feel your most confident.
10. **DON'T CHASE SOCIAL MEDIA**- Choose clothing that reflects your personal style and makes you feel confident. Don't feel pressured to select pieces that are trendy or don't align with your personality. Your unique style should be the focus of your boudoir shoot, and I'll help you highlight that in your photos.
11. **REMOVE TAGS**- Make sure to check for tags on your clothing before the shoot, as they can sometimes be missed. If tags are present, consider removing them or securing them to the inside of the garment, as they can be difficult to edit out.
12. **TRUST**- Trust your gut when selecting your clothing. The most important thing is that you feel good in what you're wearing, and that your personality shines through in your photos.